



Public Programs

September – December

2018

September

Audubon Hike: Saturday September 1st - Free

Join experts from the NEPA Audubon Society on a hike through the Sanctuary in search of fall migrants on their journey south. Wear comfortable footwear, binoculars suggested. All ages welcome, registration appreciated.

Yoga Workshop: Saturday September 15th

Beginner 1:00-2:30 Intermediate 2:30-4:00

\$15/\$10 Members Per Class

Reconnect with the world around you as you enjoy a unique yoga experience with Maggie from Roots Yoga. Two 90 minute classes available. Please bring your own mats and meet at the carriage house. Weather permitting class will be held outside. A limited number of mats will be made available, reservations recommended.

Mushroom Hike: Saturday September 29th

10:00AM-12:00PM - \$10/\$5 Members

Let Nathaniel Whitmore from the Delaware Highlands Mushroom Society share his wealth of knowledge about wild edibles and how they are enjoyed by wildlife and humans. This is a short distance hike. Wear comfortable footwear. All ages welcome, registration appreciated.

October

Creating Nature Books: A Modelled Writing and Illustration Workshop Saturday October 6th

10AM-12PM- \$5/ Members Free

Join local children's artist and author, Lindsay Barrett George, in a hands-on bookmaking workshop. No previous drawing experience necessary. Make a book based on your day as an animal living in a habitat which we'll create. Will you survive, or not? We will also be learning how to make a critter look 3-D on a flat, 2-D surface. Afterward enjoy a meet and greet and book signing with the author. Program will be meeting at the Watres Environmental Education Center, all ages welcome. Registration appreciated as space is limited.

Fall Foliage Hike: Saturday October 13th

10AM-12PM - Free

Ever wonder why the leaves turn the colors that they do? Lacawac Sanctuary is a great place to witness autumn at its best, come and enjoy the foliage while learning a little about why fall is such a

special time of year. Please wear comfortable footwear. All ages welcome, registration appreciated.

November

Veterans Day Hike: Sunday November 11th

10:00AM-12:00PM -Free

Delight in a leisurely hike to Lake Lacawac on a crisp autumn day. All ages welcome, please wear comfortable footwear. Registration is appreciated.

December

Deck the Halls Holiday Lodge Tour:

Saturday December 8th

10:00AM-12:00PM -Free

Celebrate the season with a hike to the Adirondack Great Camp. Afterwards enjoy hot cocoa at the Historic Watres Lodge. Wear comfortable shoes and dress for the weather. All ages welcome. Registration appreciated.

Romping Radishes on the Run Series

Saturdays

September 22 , October 20, November 3, December 5

10 am- 11 am - Free

Romping Radishes brings messages about physical, social and mental health and wellness to children through movement, games, cooperative activities, storytelling and crafts. Romping Radishes is a partnership with the Cooperage Project in Honesdale. Ages Kindergarten through 2nd grade. No Registration Required.

To Register for upcoming programs:

Visit: www.lacawac.org

Call: 570/689-9494

email: info@lacawac.org

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94 Sanctuary Road, Lake Ariel PA 18436